



JULY 2023

If you can stay positive..in a negative situation ..you win



**PARK MANAGER
MITCH BURROUGHS**

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Charles Hadley Park
1300 NW 50th St.
Miami, FL 33142
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*Summer Bash
Aloha Party!!
July 20th
Dancing, Food
and Good Fun
Hawaiian
Attire*

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
30 Fun for Seniors	31 American flag graphic	HAPPY JULY 4th!			1 American flag graphic	
2 Top hat graphic	Line Dancing With 'Lady E' Line Dancing	Happy Holiday 4 4th of July	5 Computer Class With "Lopez" Computer class	6 Zumba With "Graciela" ZUMBA	7 Gym Workout Gym workout	8 Top hat graphic
9 American flag graphic	10 Aerobics With "Dean" Aerobics	11 Bike Exercise Bike exercise	12 Council Meeting Council meeting	Scholarship Award Presentation 13 Scholarship	14 Arts and Craft With "Keisha" Arts and craft	15 American flag graphic
16 Top hat graphic	17. Walking 9:30 Exercise Walking exercise	18 Health 10am Presentation Health is Wealth	19 Sewing Class With "Keisha" Sewing class	20 Summer Bash Party!! Summer bash	21 School Supplies Deadline SCHOOL SUPPLIES CLIPART School supplies	22 Top hat graphic
23 American flag graphic	24 Table Top Games GAME TIME!	25 Domino Game Domino game	26 Farm Share Farm share	27 Musical Therapy Musical therapy	28 July Birthdays July birthdays	School Supplies Giveaways 29 School Supply List

SENIOR PROGRAM
MONDAY-FRIDAY
8am-2pm

- SEWING & CRAFTS
MONDAY-Thurs
10:30am-11:30am
- WALKING EXERCISE
9:30am-10:00am
- ZUMBA/THURS 9:30am
- AEROBIC CLASS
MON-TUES-WED-THURS
10:30am-11:30am

LINE DANCE
MON/FRIDAY
10:00am-11:30 am

- WEIGHT ROOM
- MON-FRI
8:30am-11:30am
 - BREAK Time
12:00noon-1:00pm

COMPUTER CLASS
MON/WED
1:15pm-3:15pm
TUESDAY/THURS
9:45am-11:00am
COUNCIL COMMITTEE
MEETS SECOND WED

C.H.N.ASSOCIATION
MEETS LAST WED OF
THE MONTH 5:00pm

**THIS CALENDAR IS SUBJECT TO
CHANGE WITHOUT NOTICE**