

2024 EFNEP IMPACT REPORT

IMPROVING NUTRITIONAL STATUS WITHIN OUR COMMUNITY

UF | IFAS Extension
UNIVERSITY of FLORIDA



OVERVIEW

The UF/IFAS Extension Expanded Food & Nutrition Education Program (EFNEP) partnered with the City of Miami Child Learning Centers in January 2023 to empower their staff and parents with the knowledge and skills to improve their nutritional well-being.

INTERVENTION

In March 2024, an EFNEP nutrition educator delivered a virtual series of nine lessons to two cohorts in the following areas: nutrition practices, food resource management, physical activity, and food safety practices.

IMPACT

8

GRADUATES
FROM EFNEP
SERIES



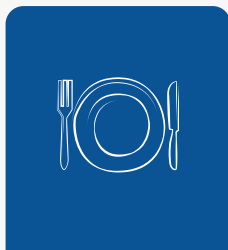
PROGRAM GRADUATES IMPROVEMENT:

88%

100%

88%

88%



**NUTRITION
PRACTICES**



**FOOD RESOURCE
MANAGEMENT**



**PHYSICAL
ACTIVITY**



**FOOD SAFETY
PRACTICES**

SUCCESS STORY:



I am more aware of the food [groups.] Especially for the kids. I create a shopping list before I go to the store. And I incorporate my daughter's help in shopping.



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