























Coral Gate Park Active Adult 55+ Schedule

April 2026

Monday	Tuesday	Wednesday	Thursday	Friday
		1 10AM -11AM: Chair Exercise 11AM-12PM: Domino  On TV	2 10AM -11AM: Chair Exercise 11AM-12PM: Domino  On TV	3 NO PROGRAM 
6  BOWLING 9:15AM	7 Easter Bingo Party 10:30AM 	8 10AM -11AM: Chair Exercise 11AM-12PM: Domino  On TV	 10AM-11AM: Chair Exercise 11AM-12PM: Stretch IN- PERSON CLASSES	10 11AM-2PM: Domino 
13  BOWLING 9:15AM	14 10AM -11AM: Chair Exercise 11AM-2PM: Domino  On TV	15 10AM -11AM: Chair Exercise 11AM-2PM: Domino  On TV	 10AM-11AM: Chair Exercise 11AM-12PM: Stretch IN- PERSON CLASSES	17 11AM-2PM: Domino 
20  BOWLING 9:15AM	21 10AM -11AM: Chair Exercise 11AM-2PM: Domino  On TV	22 10AM -11AM: Chair Exercise 11AM-2PM: Domino  On TV	 10AM-11AM: Chair Exercise 11AM-12PM: Stretch IN- PERSON CLASSES	24 11AM-2PM: Domino 
27  BOWLING 9:15AM	28 10AM -11AM: Chair Exercise 11AM-2PM: Domino  On TV	29 10AM -11AM: Chair Exercise 11AM-2PM: Domino  On TV	 10AM-11AM: Chair Exercise 11AM-12PM: Stretch IN- PERSON CLASSES	2 **Confirma tu participación la semana anterior a las eventos.



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