




















Coral Gate Park

Active Adult 55+ Schedule



May 2026				
Monday	Tuesday	Wednesday	Thursday	Friday
				1 11AM-2PM: Domino 
4  BOWLING 9:15AM	5 Mother's Day Celebration 10:30AM 	6 10AM -11AM: Chair Exercise 11AM-2PM: Domino  On TV	7  10AM-11AM: Chair Exercise 11AM-12PM: Stretch IN-PERSON CLASSES	8 11AM-2PM: Domino 
11  BOWLING 9:15AM	12 10AM -11AM: Chair Exercise 11AM-2PM: Domino  On TV	13 10AM -11AM: Chair Exercise 11AM-2PM: Domino  On TV	14  10AM-11AM: Chair Exercise 11AM-12PM: Stretch IN-PERSON CLASSES	15 11AM-2PM: Domino 
18  LAST DAY OF BOWLING 9:15AM	19 10AM -11AM: Chair Exercise 11AM-2PM: Domino  On TV	20 10AM -11AM: Chair Exercise 11AM-2PM: Domino  On TV	21  10AM-11AM: Chair Exercise 11AM-12PM: Stretch IN-PERSON CLASSES	22 11AM-2PM: Domino 
25 PARK CLOSED 	26 10AM -11AM: Chair Exercise 11AM-2PM: Domino  On TV	27 PARK CLOSED	28  10AM-11AM: Chair Exercise 11AM-12PM: Stretch IN-PERSON CLASSES	29 **Confirma tu participación la semana anterior a las eventos.

CORAL GATE PARK
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