



Coral Gate Park

Active Adult 55+ Schedule



October 2025				
Monday	Tuesday	Wednesday	Thursday	Friday
		1 10AM-11AM: Arts & Craft 	2 Teacher's Planning Day	3
6	7 10AM -11AM: Chair Exercise 11AM-2PM: Domino 	8 10AM-11AM: Arts & Craft 	9 10AM -11AM: Chair Exercise 11AM-2PM: Domino 	10
13	14 10AM -11AM: Chair Exercise 11AM-2PM: Domino 	15 10AM-11AM: Arts & Craft 	16  10AM-11AM: Chair Exercise 11AM-12PM: Stretch	17
20 Bowling 11:15AM-2PM 	21 10AM -11AM: Chair Exercise 11AM-2PM: Domino 	22 10AM-11AM: Arts & Craft 	23  10AM-11AM: Chair Exercise 11AM-12PM: Stretch	24 **Confirma tu participación la semana anterior a los eventos.
27 Bowling 11:15AM-2PM 	28 Halloween Bingo Party 10:30-2:00PM  	29 10AM-11AM: Arts & Craft 	30  10AM-11AM: Chair Exercise 11AM-12PM: Stretch	31 

CORAL GATE PARK
305-960-5130
1415 S.W. 32 Avenue
Milena Eakes – MEakes@miamigov.com