



Coral Gate Park

Active Adult 55+ Schedule



FEBRUARY 2026

| Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------------------|--|--|--|---|
| 2 | 3 10AM -11AM: Chair Exercise 11AM-2PM: Domino | 4 10AM -11AM: Chair Exercise 11AM-2PM: Domino | 5 MADY'S DANCE FACTORY 10AM-11AM: Chair Exercise 11AM-12PM: Stretch In-Person | 6 |
| 9 | 10 10AM -11AM: Chair Exercise 11AM-2PM: Domino | 11 NO SENIOR PROGRAM | 12 MADY'S DANCE FACTORY 10AM-11AM: Chair Exercise 11AM-12PM: Stretch In-Person | 13 Valentine's Craft Party 10:30AM |
| 16 PARK CLOSED | 17 10AM -11AM: Chair Exercise 11AM-2PM: Domino | 18 10AM -11AM: Chair Exercise 11AM-2PM: Domino | 19 MADY'S DANCE FACTORY 10AM-11AM: Chair Exercise 11AM-12PM: Stretch In-Person | 20 NO SENIOR PROGRAM |
| 23 | 24 10AM -11AM: Chair Exercise 11AM-2PM: Domino | 25 10AM -11AM: Chair Exercise 11AM-2PM: Domino | 26 MADY'S DANCE FACTORY 10AM-11AM: Chair Exercise 11AM-12PM: Stretch In-Person | 27 |
| | | | | **Confirma tu participación la semana anterior a las eventos. |



CORAL GATE PARK

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