
















Coral Gate Park

Active Adult 55+ Schedule



FEBRUARY 2026

Monday	Tuesday	Wednesday	Thursday	Friday
2	3 10AM -11AM: Chair Exercise 11AM-2PM: Domino 	4 10AM -11AM: Chair Exercise 11AM-2PM: Domino 	5  10AM-11AM: Chair Exercise 11AM-12PM: Stretch In-Person	6
9	10 10AM -11AM: Chair Exercise 11AM-2PM: Domino 	11 NO SENIOR PROGRAM	12  10AM-11AM: Chair Exercise 11AM-12PM: Stretch In-Person	13 Valentine's Craft Party 10:30AM 
16  PARK CLOSED	17 10AM -11AM: Chair Exercise 11AM-2PM: Domino 	18 10AM -11AM: Chair Exercise 11AM-2PM: Domino 	19  10AM-11AM: Chair Exercise 11AM-12PM: Stretch In-Person	20 NO SENIOR PROGRAM
23	24 10AM -11AM: Chair Exercise 11AM-2PM: Domino 	25 10AM -11AM: Chair Exercise 11AM-2PM: Domino 	26  10AM-11AM: Chair Exercise 11AM-12PM: Stretch In-Person	27
				**Confirma tu participación la semana anterior a las eventos.



CORAL GATE PARK
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