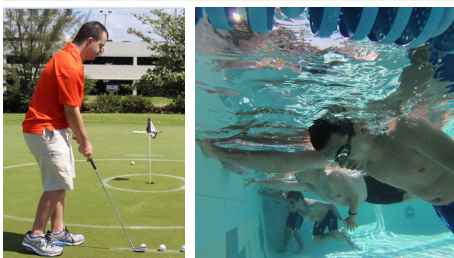


G.E.T. F.I.T.



FITNESS • INVOLVEMENT • TRAINING

GETTING EXERCISE THROUGH FRIENDSHIPS, INVOLVEMENT AND TRAINING



City of Miami
Sandra DeLuca
Developmental Center



WHAT

G.E.T. F.I.T. is an after hours physical fitness and sports program that follows that Special Olympics Sports Calendar. This program focuses on individual skills to improve strength, coordination and endurance as well as team sports building skills.

WHO

This program is designed for adults 18 and older with developmental disabilities who are registered Special Olympics athletes and are able to compete in various sports throughout the calendar year, both in local and state competitions. Travel may be required for qualifying athletes. All athletes must be independent for their personal care.

WHEN

Starting September 13, 2021
Full Time Schedule: Monday, Wednesday and Thursday
Part Time Schedule: Monday and Wednesday
Time: 3:00PM - 6:00PM

WHERE

Participants report to the program site Sandra DeLuca Developmental Center, 4560 NW 4th Terrace, Miami, FL 33126.
No transportation is provided.
Trainings may take place at alternate locations. Special events, travel and competitions will be announced on a monthly calendar.

COST

Annual Registration Fee: \$20 non-refundable
City of Miami Residents & Sandra DeLuca Participants:
\$60/monthly (Mondays & Wednesdays)
\$90/monthly (Mondays, Wednesdays, & Thursdays)
non-City of Miami Residents:
\$80/monthly (Mondays & Wednesdays)
\$120/monthly (Mondays, Wednesdays, & Thursdays)

Transportation will not be provided.

SPORTS

FALL
Softball
Basketball
Gymnastics
Bowling
Powerlifting

WINTER
Bocce
Soccer
Athletics
Volleyball

SPRING
Aquatics
Sailing
Golf

for registration information contact Willie Johnson
Tel.: (305) 960-4968 • wjohnson@miamigov.com

To request material in accessible format, sign language interpreters and/or any accommodations to participate in any City of Miami Parks sponsored program or meeting please call (305) 416-1320 or e-mail narguelles@miamigov.com. Please allow 3 business days for sign language interpreting services and 5 business days for any other accommodation request. TTY users may also call 711 (Florida Relay Service).