



PARK MANAGER
MITCH BURROUGHS

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FARM SHARE
FEBRUARY 11TH



DMV

FEBRUARY 2ND

786-969-6595

180-000-0202

FEBRUARY 2026

LOOSE LIPS SINKS SHIPS..NOT EVERYTHING YOU KNOW NEED TO BE REPEATED



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1		2 LINE DANCE with Lady E 	3 CARDIO WORKOUT with Paula 	4 CHAIR AEROBICS with Nzingah 	5 COMPUTER CLASS with Shawn 	
8		9 COOKING CLASS 10:00 AM 	10 HEALTH PRESENTATION 	11 VALENTINE CELEBRATION 	12 COUNCIL MEMBERS MEETING 	13 CARD PLAYING
15		16	17 WEIGHT ROOM WORKOUT DAILY 	18 LOCAL #4686 MEMBERS ONLY 	19 SEWING/CRAFT with Takisha 	20 see.. Mary K Washington to sign up
22		23 AEROBICS with Dean 	24 STRETCH and MEDITATION CLASS 	25 YOGA CLASS with Paula 	26 CELEBRATING BLACK HISTORY COVER DISH AFFAIR BLACK BOX PARTY 10:30 AM 	27 DOMINOES DAILY

IF SOMEONE TRUST YOU WITH THEIR STRUGGLES DON'T TURN IT INTO CONVERSATION..EITHER HELP THEM OR KEEP QUIET, STOP TELLING PEOPLE BUSINESS

THIS CALENDAR IS SUBJECT TO CHANGE WITH OUT NOTICE

SENIOR PROGRAM
MONDAY-FRIDAY
8:30AM-2 pm

SEWING & CRAFT
MONDAY-FRIDAY
10:00-12 NOON

CARDIO DANCE 55+
TUES/THURS
9:00AM—9:45 AM

AEROBIC CLASS

MONDAY- THURSDAY
10:30 AM—11:30AM

LINE DANCING
MON/WED/FRIDAY
10:00AM—11:30AM

WEIGHT ROOM / GYM
MONDAY-FRIDAY
8:30AM-12:00 NOON
1:00PM-5:00 PM

COMPUTER CLASS
MON-THURS
9:30AM-10:15AM
10:30AM-11:15
1:15-PM-2:00PM
2:15PM-3:00PM

STRETCH & MEDITATION
55+
TUES&THURS
10:00AM-10:45AM

YOGA CLASS
EVERY WEDNESDAY
9:30AM-10:15AM

COUNCIL COMMITTEE
SECOND WEDNESDAY
10:00AM MONTH
C.H.N. ASSOCIATION
LAST WED OF THE MONTH