



JUNE 2024

ANY MAN CAN BE A FATHER... BUT IT TAKES A REAL SPECIAL MAN TO BE A DAD



PARK MANAGER
MITCH BURROUGHS

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CELEBRATION JUNE 19TH



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30						1 HURRICANE SEASON
JUNETEENTH 1865	FINACIAL LITERACY PART 3 	4 AEROBICS with GREG 	5 HIV.AWARENESS PRESENTATION 	6 FLOWER ARRANGEMENTS 	7 LINE DANCE with LADY E 	8
10 FINACIAL LITERACY PT 4 	11 Mrs.P Mrs.G SENIORS ON THE MOVE TRIP BRIEFING 	12 COUNCIL COMMITTEE MEETING 	13 ZUMBA with ALLISON 	14 CARD PLAYING DAILY 		
16 HAPPY FATHER'S DAY 	17 Mrs.P/Mrs G SENIOR ON THE MOVE COUNCIL COMM TRIP 	18 ARTS AND CRAFT with KEISHA 	CELEBRATION 19 PARTY TIME 11:00AM-2:00PM 	20 SEWING with TAKESHA 	21 DOMINOES PLAYING DAILY 	
23	24 COMPUTER CLASS with RAFAEL 	25 SCHOLARSHIP PRESENTATION 	26 LOCAL #4686 MEMBERS ONLY 	27 GYM WORKOUT DAILY 	28 BIRTHDAY CELEBRATION 	29

SENIOR PROGRAM
MONDAY-FRIDAY
8:30AM-2 pm

SEWING & CRAFT
MONDAY-FRIDAY
10:00-12 NOON

AEROBIC CLASS
MONDAY- THURSDAY
10:30 AM-11:30AM

LINE DANCING
MONDAY&FRIDAY
10:00AM-11:30AM

WEIGHT ROOM GYM
MONDAY-FRIDAY
8:30AM-12:00 NOON
1:00PM-5:00 PM

COMPUTER CLASSES
MONDAY-THURSDAY
9:15AM & 10:15 AM
1:15 PM & 2:15 PM

CARIBBEAN X DANCE 55+
TUE 9:00AM
WED 7:00PM

SENIOR CIRCUIT TRAINING
TUESDAY 10:00AM
WED 6:00PM

STRETCH & MEDITATION
TUESDAY 11:00AM

CARDIO & CORE
WEDNESDAY 5:00PM
BOOT CAMP/CIRCUIT TRAIN
WEDNESDAY 6:00PM

ZUMBA GOLD
THURS 9:30AM

COUNCIL COMMITTEE
SECOND WEDNESDAY
C.H.N. ASSOCIATION
LAST WEDNESDAY 6:00PM

A FOOL IS KNOWN BY HIS SPEECH ..AND A WISE MAN BY HIS SILENCE # BE QUIET

ACTIVITIES SUBJECT TO CHANGE

