



PARK MANAGER
MITCH BURROUGHS

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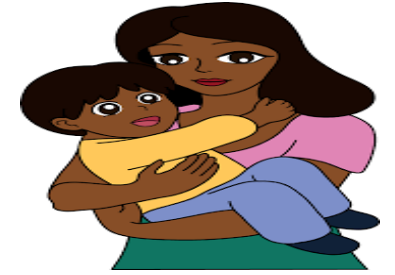
Charles Hadley Park
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Miami, FL 33142
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FARM SHARE
MAY 22, 2024



MAY 2024

MOTHERS HOLD THEIR CHILDREN'S HAND FOR A LITTLE WHILE.. BUT THEIR HEARTS FOREVER



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 GYM WORKOUT 	2 BASEBALL MARLIN STADIUM 	3 FUN FRIDAY 	4
5 	6 LINE DANCING With Lady E 	7 STRETCHING with Allison 	8 COUNCIL MEETING 	9 DADE COUNTY HEALTH DEPT PRESENTATION 	10 DENIM & PEARLS MOTHER'S DAY PROGRAM MAYOR SAUREZ SAMUEL K. JOHNSON BLDG	
12 HAPPY MOTHER'S DAY 	13 COMPUTER CLASS with Rafael 	14 FIELD TRIP 	LOCAL #4686 15 MEMBERS ONLY 	16 AEROBICS with Greg 	17 CARD PLAYING DAILY 	18
19	20 BOWLING CLASS ENDS 	21 PICCADILLY RESTAURANT 	22 ARTS/CRAFT with Takesha 	23 ZUMBA with Allison 	24. AEROBICS PICNIC 	25
26	27 HAPPY HOLIDAY 	28 SEWING with Takesha 	29 BIKE EXERCISE 	30 	HAPPY BIRTHDAY CELEBRATION 31 	

SENIOR PROGRAM
MONDAY-FRIDAY
8:30AM-2:00 PM

SEWING & CRAFT
MONDAY-FRIDAY
10:00-12 PM

AEROBIC CLASS
MONDAY- THURSDAY
10:30 AM-11:30AM
LINE DANCING
MONDAY & FRIDAY
10:00AM-11:30AM

WEIGHT ROOM GYM
MONDAY-FRIDAY
8:30AM-12:00 PM
1:00PM-5:00 PM
COMPUTER CLASSES
MONDAY-THURSDAY
9:15AM & 10:15 AM
1:15 PM & 2:15 PM

CARIBBEAN X DANCE 55+
TUE 9:00 AM
WED 7:00 PM

SENIOR CIRCUIT TRAINING
TUESDAY 10:00 AM
WED 6:00 PM

STRETCH & MEDITATION
TUESDAY 11:00 AM

CARDIO & CORE
WEDNESDAY 5:00 PM
BOOT CAMP/CIRCUIT TRAIN
WEDNESDAY 6:00 PM

ZUMBA GOLD
THURS 9:30 AM

COUNCIL COMMITTEE
SECOND WEDNESDAY

AGE IS MOSTLY A MATTER OF MIND. IF YOU DON'T MIND.. IT DOESN'T MATTER

ACTIVITIES SUBJECT TO CHANGE