

## PARK MANAGER MITCH BURROUGHS

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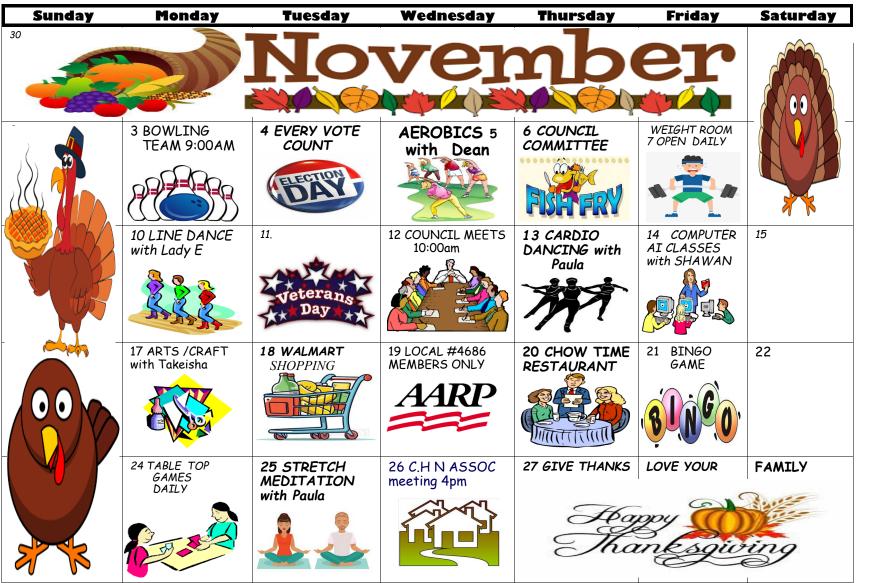
## FARM SHARE T.B.A.





## **NOVEMBER 2025**

DON'T MAKE PERMANENT DECISIONS.. OFF TEMPORARY EMOTIONS



THERE'S A NUT IN EVERY FAMILY TREE, IF YOU CAN'T SPOT IT ....IT'S PROBABLY YOU.

THIS CALENDAR IS SUBJECT TO CHANGE WITH OUT NOTICE



Happy Thanksgiving!

SENIOR PROGRAM MONDAY-FRIDAY 8;30AM-2 pm

SEWING & CRAFT MONDAY-FRIDAY 10:00-12 NOON

CARDIO DANCE 55+ TUES/THURS 9:00AM—9:45 AM

**AEROBIC CLASS** 

MONDAY- THURSADAY 10:30 AM—11:30AM

> LINE DANCING MON/WED/FRIDAY 10:00AM—11:30AM

WEIGHT ROOM / GYM MONDAY-FRIDAY 8:30AM-12:00 NOON 1:00PM-5:00 PM

COMPUTER CLASS MON-THURS 9;30AM-10:15AM 10;30AM-11:15 1:15-PM-2:00PM 2:15PM-3:00PM

STRETCH & MEDITATION
55+
TUES&THURS
10:00AM-10:45AM

YOGA CLASS EVERY WEDNESDAY 9:30AM-10:15AM

COUNCIL COMMITTEE SECOND WEDNESDAY 10:00AM

C.H.N.ASSOCIATION LAST WEDNESDAY OF