



**PARK MANAGER  
MITCH BURROUGHS**

E-mail:  
mburroughs@miamigov.com

Charles Hadley Park  
1300 NW 50th St.  
Miami, FL 33142  
305-960-4630



Farm Share  
August 9th

a Apple a Day



# AUGUST 2023

*When writing the story of your life, don't let anyone else hold the pen.*



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Learn to Sew with Takesha 1 	2 Weight Room Daily Exercise 	3 Zumba with Graciela 		5 Book Bag Giveaway 11am 
6 	<u>Fun with Takesha</u> 7 	8 Computer Room Daily 	9 Council  meeting	10 Musical Therapy 	11 Card Playing 	12 
13 	14 Aerobics with Greg 	15 Bike Exercise 	16 Fun and Games 	17 Drive Slow 	18 Live Love Laugh 	19 
20 	21 Line Dancing With Lady E 	22 Walking Exercise 	23 Fun with Bingo 	24 Golden Coral Restaurant 	August Birthday Party 25 	26 
27	28 Nutrition Edu. 	29 Dominoe Game 	30 CHNA Meeting 	31 		

SENIOR PROGRAM  
MONDAY-FRIDAY  
8am-2pm

- SEWING & CRAFTS  
MONDAY-Thurs  
10:30am-11:30am
- WALKING EXERCISE  
9:30am-10:00am
- ZUMBA/THURS 9:30am
- AEROBIC CLASS  
MON-TUES-WED-THURS  
10:30am-11:30am

LINE DANCE  
MON/FRIDAY  
10:00am-11:30 am

- WEIGHT ROOM
- MON-FRI
  - 8:30am-11:30am
  - BREAK Time  
12:00noon-1:00pm

COMPUTER CLASS  
To be Announce  
COUNCIL COMMITTEE  
MEETS SECOND WED

C.H.N.ASSOCIATION  
MEETS LAST WED OF  
THE MONTH 5:00pm

**THIS CALENDAR IS SUBJECT TO  
CHANGE WITHOUT NOTICE**