

## PARK MANAGER MITCH BURROUGHS

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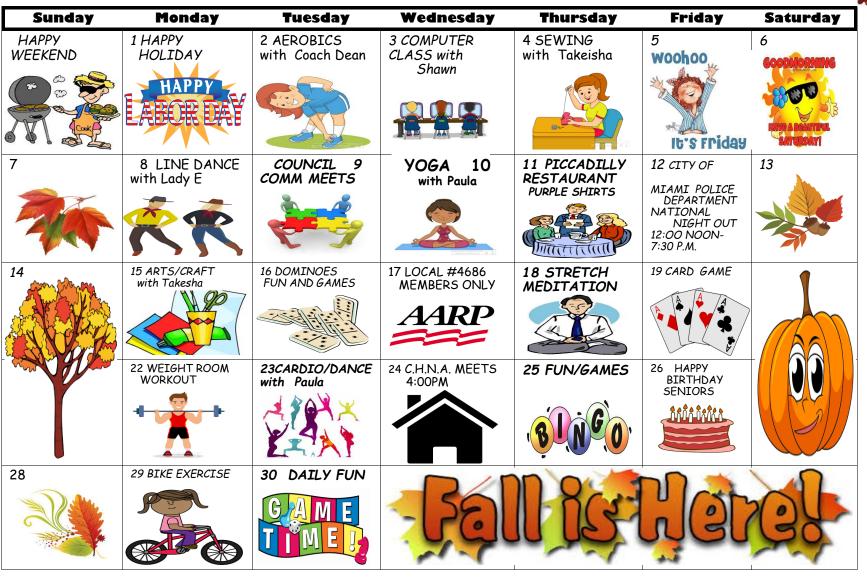
## FARM SHARE AUGUST 27TH





## SEPTEMBER 2025

## KINDNESS MAKES YOU THE MOST BEAUTIFUL PERSON IN THE WORLD NO MATTER WHAT YOU LOOK LIKE



SOME TIMES YOU HAVE TO SPOIL YOURSELF... WITH THAT SAME LOVE YOU KEEP TRYING TO GIVE AWAY

THIS CALENDAR IS SUBJECT TO CHANGE WITH OUT NOTICE



SENIOR PROGRAM MONDAY-FRIDAY 8;30AM-2 pm

SEWING & CRAFT MONDAY-FRIDAY 10:00-12 NOON

CARDIO DANCE 55+ TUES/THURS 9:00AM—9:45 AM

**AEROBIC CLASS** 

MONDAY- THURSADAY 10:30 AM-11:30AM

LINE DANCING MON/WED/FRIDAY 10:00AM—11:30AM

WEIGHT ROOM / GYM MONDAY-FRIDAY 8:30AM-12:00 NOON 1:00PM-5:00 PM

> COMPUTER LAB MON-THURS 9;30AM-10:15AM 10;30AM-11:15 1:15-PM-2:00PM 2:15PM-3:00PM

STRETCH & MEDITATION
55+
TUES&THURS
10:00AM-10:45AM

YOGA CLASS EVERY WEDNESDAY 9:30AM-10:15AM

COUNCIL COMMITTEE SECOND WEDNESDAY 10:00AM

C.H.N.ASSOCIATION LAST WEDNESDAY OF THE MONTH 4PM