

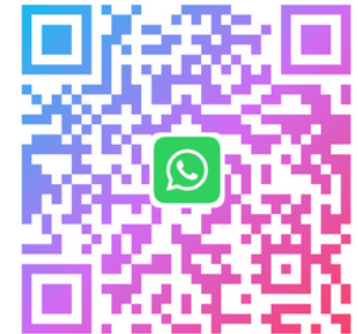
# Legion Memorial Park

# WEEKLY SCHEDULE

## *fitness class*

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00 AM		ZUMBA			
10:00 PM		CHAIR	MAT PILATES		RHYTHM & SCULPT
11:00 AM		STRETCH	STRENGTH		
02:00 PM					
03:00 PM					
04:00 PM					
05:00 PM					
06:00 PM	LIFT & BURN	MAT PILATES	LIFT & BURN		MAT PILATES
07:00 PM	ZUMBA		CARIBBEANX TWERKOUT		ZUMBA
08:00 PM	STRETCH		STRETCH		

**ALL CLASSES**  
**ARE FREE!!!**



**JOIN OUR COMMUNITY  
TO STAY  
UP-TO-DATE ON CLASSES,  
ACTIVITIES AND MORE**

