



LEGION MEMORIAL PARK MARCH

ACTIVE ADULTS PROGRAM 2026

SUN	MON	TUE	WED	THU	FRI	SAT
1	2 Nutrition & Wellness Education 1PM	3 9AM Zumba 10AM Chair 11AM Stretch	4 10AM Mat Pilates 11AM Strength	5	6 11AM Rhythm & Sculpt 12PM Book Club	7
8	9 Nutrition & Wellness Education 1PM	10 9AM Zumba 10AM Chair 11AM Stretch	11 10AM Mat Pilates 11AM Strength	12	13 11AM Rhythm & Sculpt 12PM Book Club	14
15	16 Nutrition & Wellness Education 1PM	17 9AM Zumba 10AM Chair 11AM Stretch	18 10AM Mat Pilates 11AM Strength	19	20 11AM Rhythm & Sculpt 12PM Book Club	21
22	23 Nutrition & Wellness Education 1PM	24 9AM Zumba 10AM Chair 11AM Stretch	25 10AM Mat Pilates 11AM Strength	26	27 11AM Rhythm & Sculpt 12PM Book Club	28
29	30 Nutrition & Wellness Education 1PM	31 9AM Zumba 10AM Chair 11AM Stretch				

All classes and activities are FREE!!
Register today!



SCAN ME

Join our community!

**3/6 305 themed
Zumba 7pm**

**3/17 Wear something
green**

**3/14 Calle Ocho
themed Zumba 7PM**

