



# LEGION MEMORIAL PARK

# ACTIVE ADULTS PROGRAM

# MAY

# 2026

SUN	MON	TUE	WED	THU	FRI	SAT
			1 10AM Mat Pilates 11AM Strength	2	3 11AM Rhythm & Sculpt 12PM Book Club	4
5	6	7 9:30AM Zumba 10:30AM Cardio 11:30AM Stretch	8 10AM Mat Pilates 11AM Strength	9	10 11AM Rhythm & Sculpt 12PM Book Club	11
12	13	14 9:30AM Zumba 10:30AM Cardio 11:30AM Stretch	15 10AM Mat Pilates 11AM Strength	16	17 11AM Rhythm & Sculpt 12PM Book Club	18
19	20	21 9:30AM Zumba 10:30AM Cardio 11:30AM Stretch	22 10AM Mat Pilates 11AM Strength	23	24 11AM Rhythm & Sculpt 12PM Book Club	25
26	27	28 9:30AM Zumba 10:30AM Cardio 11:30AM Stretch	29 10AM Mat Pilates 11AM Strength	30		

**All classes and activities are FREE!!**  
**Register today!**



**SCAN ME**

Join our community!

