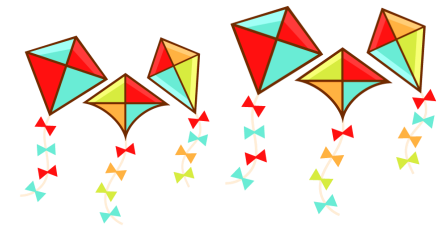




Shenandoah Park Active Adults 55+ June 2026



Mon

Tue

Wed

Thu

Fri

<p>1 Water Aerobics  Monday - Friday 9:00AM - 9:45AM Senior Tricycle Reservation Program (Inside Park Use Only) 9:30AM - 12PM Basics For Computers Course 1:30PM - 3PM Memory Workshop With Graciela 3PM - 4:30PM</p>	<p>2 In-Person Fitness Class @ Shenandoah Park w/ Graciela 9AM - 1PM Memory Workshop w/Graciela 2PM - 4PM</p>	<p>3 Shenandoah Coed Softball League 9:30AM - 11AM Let's Learn English! 11:30AM - 1:00PM Club de Knitting, Painting 1:30PM - 3:00PM</p>	<p>4  Seniors Take The Tennis Courts 9:30AM - 10:30AM Regal Chess Program 11:00AM - 12:30PM </p>	<p>5 Museum of Art and Design at the Freedom Tower 1:30PM - 5:30PM</p>
<p>8 Water Aerobics  Monday - Friday 8:00AM - 8:45AM Senior Tricycle Reservation Program (Inside Park Use Only) 9:30AM - 12PM Basics For Computers Course 1:30PM - 3PM Memory Workshop With Graciela 3PM - 4:30PM</p>	<p>9 In-Person Fitness Class @ Shenandoah Park w/ Graciela 9AM - 1PM Memory Workshop w/Graciela 2PM - 4PM</p>	<p>10 Shenandoah Coed Softball League 9:30AM - 11AM Let's Learn English! 11:30AM - 1:00PM Club de Knitting, Painting 1:30PM - 3:00PM</p>	<p>11  Seniors Take The Tennis Courts 9:30AM - 10:30AM Regal Chess Program 11:00AM - 12:30PM </p>	<p>12 Armonia y Bienestar con Plantas 10:00 AM - 12:00 PM Father's Day & Birthday Celebration 2 - 4PM (\$15.00 Due 06/09/2026)</p>
<p>15 Water Aerobics  Monday - Friday 8:00AM - 8:45AM Senior Tricycle Reservation Program (Inside Park Use Only) 9:30AM - 12PM Basics For Computers Course 1:30PM - 3PM Memory Workshop With Graciela 3PM - 4:30PM</p>	<p>16 In-Person Fitness Class @ Shenandoah Park w/ Graciela 9AM - 1PM Memory Workshop w/Graciela 2PM - 4PM</p>	<p>17 Shenandoah Coed Softball League 9:30AM - 11AM Let's Learn English! 11:30AM - 1:00PM Club de Knitting, Painting 1:30PM - 3:00PM</p>	<p>18  Seniors Take The Tennis Courts 9:30AM - 10:30AM Regal Chess Program 11:00AM - 12:30PM </p>	<p>19 </p>
<p>22 Water Aerobics  Monday - Friday 8:00AM - 8:45AM Senior Tricycle Reservation Program (Inside Park Use Only) 9:30AM - 12PM Basics For Computers Course 1:30PM - 3PM Memory Workshop With Graciela 3PM - 4:30PM</p>	<p>23 In-Person Fitness Class @ Shenandoah Park w/ Graciela 9AM - 1PM Memory Workshop w/Graciela 2PM - 4PM</p>	<p>24 Shenandoah Coed Softball League 9:30AM - 11AM Let's Learn English! 11:30AM - 1:00PM Club de Knitting, Painting 1:30PM - 3:00PM The Miami Garden Club (\$25.00 for June - December) 7PM - 8:30PM</p>	<p>25  Seniors Take The Tennis Courts 9:30AM - 10:30AM Regal Chess Program 11:00AM - 12:30PM </p>	<p>26 University Of Miami Un Derrame Cerebral Puede Cambiar Tu Vida en Segundo 10AM - 12PM</p>
<p>29 Senior Tricycle Reservation Program (Inside Park Use Only) 9:30AM - 12PM Basics For Computers Course 1:30PM - 3PM Memory Workshop With Graciela 3PM - 4:30PM</p>	<p>30 In-Person Fitness Class @ Shenandoah Park w/ Graciela 9AM - 1PM Memory Workshop w/Graciela 2PM - 4PM</p>			

